

*A wonderful weekend  
cruising around Sai Kung on  
board the yacht Malarky 1*

*Captain P. McBlinky's log: 27 May 2017*



# COA 2017 MIRS BAY RALLY

Words **Sean Baylis**



The weekend started with an awesome *braai* (South African barbecue) on Friday night. Andy Badenhorse, our F&B Chair, had arranged a couple of South Africans to come cook for the members of Hebe Haven Yacht Club. Lamb on the spit, *boereworst* (South African sausage) and some fine craft Darling Beer made for an excellent feast, thanks Andy.

Saturday morning we awoke to a glorious blue sky and a light force two easterly which was not expected to become force three. *Malarky 1* was ready with our fine crew: Skipper Jimmy Lau (winner of last year's Typhoon series), Monika, Timothy, Heiman and Ralph, along with myself (playing the role of owner), *Malarky's* first mate Wemmy Ball and of course the ship's dog Bonnie. We motored out to the starting gate near the police barge, just southeast of Bluff Island. The fleet was out in force, with 10 boats mustering for a pursuit start; each boat had its own start time and would record its time and GPS location when it crossed the start.

We motored up to the start gate because our Genoa ripped and was in shop for repairs. When it came our turn to start, *Malarky 1* started the race twice. The first time we missed the gate, as without the Genoa we were making no headway, so we'd tried to get as upwind of the start as possible but went too high. Race Control informed us we had missed the gate, so we went around and started again so that we could get DNF instead of a DNS. Unfortunately without the Genoa we were only making 1.5 knots, and with 20 nm to go to Mirs Bay at 1.5 nm/h, that would mean 15 hours rolling around in a slight breeze—no thank you! The purpose of the trip was not to race, that is never our purpose in a 28 ton boat with an old rig and sails, we went to have a good time with other cruisers and enjoy the beauty of Tai Po.

So retiring from the race, we motored the 20 nm up to Long Harbour, arriving at Ko Lo Wan just before lunch. The after race dinner was scheduled for 6pm, so we went to look for a nice

swimming beach. I'd always wanted to anchor in Wan Tsai and hike over the little spit of land to Hoi Ha Wan, so after a half hour hike we arrived in the little village of Hoi Ha Wan only to find out I'd made the mistake of bringing Bonnie—no dogs were allowed on the nice beach! I had to go back to the boat, while the crew went for a swim. Note to self, if you want to take the dog to Hoi Ha Wan, make sure you are on a boat!

At 6pm we pulled anchor and headed across the bay to Ko Lau Wan and the Kau Kee Seafood Restaurant. Rob and the Cruiser Owner Association (COA) crew had organised a delicious seafood dinner and at only HKD \$200 a head it was a bargain feast of deliciousness. Thanks Rob!



Wemmy and I went for a walk during dinner to take some photos of the village and the setting sun, this being our first time in Ko Lo Wan. There used to be a huge ice factory here, but it has long since closed down. One strange thing about the village is there are only two dogs in the whole village, which is unusual for a Hong Kong rural village. We asked one of the friendly locals about this and he said there used to be a lot of dogs, but they caused 'disharmony' in the village so they got rid of them, now there are only two.



When we awoke in the morning, the wind had strengthened and was now blowing N-NE F5 as we prepared the boat for the long trip down the coast. I knew it was going to be rough and it was. As soon as we made it out of the protection of Long Harbour the waves and swells kicked up nicely. We put the main and mizzen up to keep us stable as we motor sailed south along the rugged Sai Kung coast.

Wemmy on the helm did a fine job of skippering the boat through some very rough conditions and neither of us got too sick. Bonnie hated it though, she hates sailing. We were both very happy to see the channel leading into Outer Protection Harbour and the flat water it brings.

We then chose to turn the engine off and have a slow sail back to Hebe Haven, finally making it home at about 3pm, what a lovely weekend!

Thanks *Malarky 1*, thanks to Jimmy and the crew, thanks Wemmy Ball and thanks to Rob Winter, Arthur Ho and all the COA people for organising the COA Mid-summer Rally. I look forward to next year's event!

While we have your attention, on November 4<sup>th</sup> we will have the Lamma Fun Day COA Cruise, more details on this new event to follow, but for now be sure to save the date!

Until next time, cheers from *Malarky 1* and Captain P. McBlinky. ◀



On returning to the restaurant it was prize giving time. Francis Ma on *Crystal*, with a corrected time of 3:25:33, was the winner of the COA Mirs Bay Rally 2017. After a lovely dinner we all dispersed back to our yachts for the night.

We had sweet dreams anchored in Tse Uk/Lam Uk Bay a few hundred meters south of Ko Lo Wan, with a nice northeast F4 wind blowing to keep the mozzies away until about 3am when the wind dropped and they invaded. We were sleeping on the top deck under the stars as we always do when out on anchor. There's nothing better than sleeping under the stars.

Come morning I paddled Bonnie ashore in the kayak and went for a walk into Ko Lo Wan village. I found a nice French guy, Bobby, who has a little coffee stall on the side of the path, so I stopped in for a coffee and a long chat. He is married to one of the villagers and spends his weekends in this lovely place. He was the one who told me about the two dogs in the village. Bobby is famous in Hong Kong as he likes to escort hikers up the nearby sharp peak, if he likes you. He even has his own Instagram page.

After walking around the village and taking some more photos, I then headed back to the boat and told Wemmy, we can either go home now, or we can go to Hoi Ha Wan and I'll go into work on Tuesday (the holiday). It was an easy decision and we were soon pulling anchor and heading to Hoi Ha Wan a few miles north. We dropped the hook in 15m of clear green waters, as the wind pushed us around to face east so the sun was overhead all day, not beating sideways into the cockpit until late in the

afternoon. The AFCD guys came by in their launch to check on us, ask how long we were staying and give us a map of where to anchor. We then launched the kayak and paddled over to the coral beds. Hoi Ha Wan is an area of Special Scientific Interest, and is protected as it has the largest diversity of corals and marine life in Hong Kong. The waters are usually clear with good visibility. It is a very popular destination on the weekends for day trippers from the city in need of a nature fix.

Hoi Ha Wan is a special place for me and *Malarky 1*. Back in 2013 when I'd just bought this fine yacht, my friend Gary Stokes, the Sea Shepherd guy, called me up. He said, "Mate, fancy taking a bunch of Sea Shepherds up to Hoi Ha Wan to survey the corals for a report we are preparing to save Hoi Ha Wan from developers?" I immediately answered yes. I'd only owned *Malarky 1* for about a week at this point and was still getting to know the boat. To cut a long story short, Hoi Ha Wan was where I first fell in love with my yacht.

After lunch and a nap on the foredeck, we took Bonnie ashore (dogs were allowed on the trails into the Marine Park, but not in the beach and water of the Marine Park) for a nice long walk. Apparently the rule is relaxed at 5pm when the AFCD guys go home.

Since we hadn't planned to stay an extra night we had to break into *Malarky's* canned goods locker. Tomato soup and a tin of tuna made for a fine dinner. We again slept on the top deck, this time wrapping up in blankets as a cold stiff NE4 was blowing. Eventually it got too cold, so we went below.



ISPO PRODUCT OF THE YEAR  
2016/2017: ACTION

## FANATIC SUP - GLIDE TO FREEDOM

- Ultra-light inflatable rig
- Safe and secure with no hard parts
- The best combination with SUPs and windsurf boards

• Hard boards and inflatable boards available



www.windfanshk.com  
Tel: 8101 2200

iRIG ONE



FANATIC

我們在週五晚上以美妙的Braai開始了這個週末。我們餐飲服務的主席Andy Badenhorse安排了幾位南非人為白沙灣遊艇會的會員煮了一頓大餐。這場美味的盛宴有焗燒羊肉、boerewors和一些精美的工藝達令啤酒，衷心感謝Andy。

星期六上午，我們一覺醒來迎來了一個美麗的藍天，吹和緩的F2東風，預計不會變為F3。*Malarky 1*已經完全準備好了，載着一班出色的船員，包括：船長 Jimmy Lau（去年的颶風盃帆船系列賽的獲獎者）、Monika、Timothy、Heiman和 Ralph，以及我自己（扮演船主的角色）、*Malarky* 的第一個拍檔 Wemmy Ball，當然少不了這艘船的狗Bonnie。我們把船駛至沙塘口山東南部、警察廳船附近的大門。整隊船隊一起出動，總共有10艘船開始向前衝；當每艘船開始的時候，它們都會有自己的啟航時間，並會記錄其最終比賽時間和GPS地點。

由於我們的Genos被毀掉了，並要留在商店裏進行修理，所以我們便啟動引擎衝上起跑門。當輪到我們開始的時候，*Malarky 1*一共開動了兩次。由於沒有Genos，我們並沒有前進，所以我們第一次開動時錯過了大門，然後我們試圖盡可能地利用大門那邊的逆風，但是走得太多了。賽事控制室通知我們錯過了大門，所以我們便回到起點重新開始，以便我們可以得到DNF（未能完成），而不是DNS（未能開始）。不幸的是由於我們沒有Genoa，我們只能開出了1.5節，和只能用每小時1.5海里的速度前往至20海里外的大鵬灣，這意味着我將有15小時需在輕微的微風中滑動——不，謝謝了！這次出海的目的並不是為了比賽，那絕對不是乘搭一艘有舊鑽機和風帆的28噸船的目的，所以我們和其他遊艇一起度過美好時光，享受大埔的美景。

因此，我們從比賽中退出後，我們往大灘海駕駛了20海里，在午餐前抵達高流灣，由於賽後晚餐晚上六點開始，因此我們去尋找一個漂亮的泳灘。我一直想把船停泊於灣仔，然後遠足至海下灣。經過半個小時的步行，我們到達海下灣的小村子，突然發現我把Bonnie帶來的決定是錯誤的——這漂亮的海灘不讓狗隻進入！我不得不回到船上，而其他船員則去了游泳。在此提醒大家，如果你們想把狗隻帶到海下灣，請確保你是乘搭遊艇前往！

下午六時，我們啟動遊艇，穿過海灣前往高流灣和九記海鮮小廚。Rob和COA的船員組織了一頓美味的海鮮晚餐，每位最後只需繳付200港元，這真是一個美味又便宜的節日。謝謝Rob！

Wemmy和我在晚餐中途外出散步去，為鄉村和夕陽拍了一些照片，這是我們第一次到高流灣出遊。從前在這裏有一所巨大的冰廠，但已關閉很久了。這條鄉村很奇怪，整條村只有兩隻狗，對於一條在香港的鄉村而言是不尋常的。我們問了一位友善的當地人，他說過去這裏有很多狗，但他們在村裏造成「不和諧」，因此他們捨棄了大部分狗隻。如今只有兩隻狗。

回到餐廳的時候，頒獎時間到了。Crystal 的 Francis Ma 以3:25:33的時間，獲得2017年COA大鵬灣錦標賽的冠軍。經過美妙的晚餐後，我們都回了自己的遊艇享受晚上。

我們在高流灣以南幾百米處的謝屋、林屋村好好睡了一覺，幸好當晚吹和緩F4東北風，令到蚊子也飛走了，直到差不多凌晨3點，風比之前少了，蚊子又回來了。如我們一直以來把遊艇停泊一般，我們在星空下的頂層甲板上睡覺。沒有什麼比在星星下睡覺更更好了。



Captain P. McBlinky 的日誌：2017年5月27日  
乘搭遊艇Malarky 1在西貢附近巡遊，享受一個美妙的周末



早上，我在皮艇上拍拍Bonnie，帶上牠到高流灣村散步。我認識到一個友善的法國人Bobby，他在路邊一旁有一個小小的咖啡店，我停下來邊喝咖啡，邊聊天。他與這裏一個村民結婚，並在這個美麗的地方渡過週末。他就是那位告訴我關於村裏只有兩隻狗的人。Bobby在香港是很有名的，如果他喜歡你，他會帶你到附近的尖峰遠足。他甚至擁有自己的Instagram頁面。

在村裏逛了一圈，又拍了些照片後，我又回到船上。我告訴Wemmy現在可以選擇回家或前往海下灣，星期二我便回去工作。我們很快便決定啟程前往北方數英里以外的海下灣。當風把我們吹到面向東邊時，我們在清澈的水域放下鉤子15米，因此太陽整天都在我們的頭上，直至下午稍後才照射在駕駛艙的側面。漁農自然護理署的職員前來查問我們會逗留多久，並給了我們一個可供停泊船隻的地圖。然後我們駕駛皮划艇，駛到珊瑚床上。海下灣是一個有不少特別科學知識的地區，亦是受保護的地方，因為它具有香港最大的珊瑚羣和多樣性的海洋生物。海水很是清澈。對於一些需要在週末離開城市到大自然處休息的人來說，這是一個非常受歡迎的目的地。

海下灣對我和 *Malarky 1* 來說很特別。2013年，當我剛買下這艘漂亮的遊艇時，我的朋友、那位海洋守護者 Gary Stokes 來電：「夥伴，有興趣與一眾海洋守護者到海下灣一起研究珊瑚嗎？我們正準備從開發商那裡拯救海下灣呢。」我隨即便答應他。那時，我才擁有 *Malarky 1* 短短一個星期，還在摸索着這條船呢。長話短說，海下灣是我第一次愛上這艘遊艇的地方。

在甲板上午餐和午睡片刻後，我們帶Bonnie上岸（狗隻可以進入海岸公園的小徑，卻不能進入海灘和水中）漫步了很久。顯然地，規則在下午五時待漁護署人員下班後，便放寬了。

由於我們之前沒有計劃多留一個晚上，我們不得不打破 *Malarky* 的罐頭儲物櫃。我們煮了番茄湯和一罐吞拿魚作為晚餐。我們再次睡在頂層甲板上，但這次由於風勢凜冽，達4級東北風，我們裹上了毯子。最後，由於實在太冷了，我們不得不下去船艙裏了。

當我們早上醒來時，風勢已加強了，在我們為接下來的長途旅行預備船隻時，吹着F5東北偏北風，我知道這將是辛苦的一天。離開大灘海後，波浪開始來勢洶湧。我們沿着崎嶇的西貢海岸向南方航行時，我們拉起主帆和後帆保持船隻的穩定。

作為船長，Wemmy做得很好，他帶領我們渡過一些非常惡劣的情況，我們當中也沒有人因此而生病了。Bonnie則非常討厭這段旅程，她討厭航行。我們都非常高興看到通往外部保護港的通道及其水域。

然後，我們選擇把引擎關掉，慢慢回到白沙灣遊艇會，終於我們在下午3點左右回家，真是一個美好的週末！

感謝 *Malarky 1*，感謝 Jimmy 和船員，感謝 Wemmy Ball，感謝 Rob Winter，Arthur Ho 和所有 COA 的伙伴組織了這次 COA Mid Summers Rally。我熱切期待明年的活動！

在關注COA 2017 MIRS Bay Rally的同時，敬請留意，我們將會在11月4日舉行南丫島樂園COA巡航，稍後將會有更多關於這個新活動的細節會公佈，現階段請一定要記下活動舉行的日期喔！

來自 *Malarky 1* 和 CapBub McBlinky 的問候。◀

ADDRESS 展示室地址

RM5, 12/F HEWLETT CENTRE, 54 HOI YUEN ROAD, KWUN TONG, HONG KONG  
香港九龍觀塘開源道54號豐利中心12樓5室

TELEPHONE 聯絡電話

+852 35021818

HOMEPAGE 專頁

www.whatzsup.com.hk

FACEBOOK 粉絲頁

WHATZSUPHK

**Whatzsup**  
STANDUP PADDLEBOARD PRO SHOP

